

February 7, 2022

Distinguished Members of the Public Health Committee,

As we enter our third year of a pandemic, emergency restrictions seem very out of place. Arguably they were always inappropriate. There is no mention in either the US or the Connecticut Constitutions of rights and liberties being paused in the case of a pandemic.

Conversely, a cursory review of Connecticut statutes reveals: Sec. 53a-64bb. "*Strangulation or suffocation in the second degree: Class D felony. (a) A person is guilty of strangulation or suffocation in the second degree when such person restrains another person by the neck or throat or **obstructs such other person's nose or mouth** with the intent **to impede the ability of such other person to breathe** or restrict blood circulation of such other person and such person impedes the ability of such other person to breathe or restricts blood circulation of such other person.*"

The most egregious of the Covid restrictions are the mask mandates. And yes, masks do disrupt breathing. A study conducted by [PNMedical](#) shows how wearing a mask can impact your breathing, causing more rapid, shallow breaths using your mouth, chest, and neck instead of your diaphragm. When you wear a mask, you trap more carbon dioxide near your mouth than usual, according to [Aerosol and Air Quality Research](#). Committee members, you have all worn a mask and know this to be true. You may even be mouth-breathing as you read this.#

All adults know this truth and are aware covering someone's nose and mouth will impede a person's ability to breathe properly. **Thus, there is an argument to be made, that forcibly masking someone is a felony**, according to statute.

Further, NO ONE should be able to make important health decisions for others, including decisions to impede or disrupt breathing. The Government should not substitute individual or parental rights.

Moreover, the government has shown no better ability to make these decisions than the individual. I knew that cloth masks did very little, if nothing to stop air-borne viruses, (even before my orders for N95 masks were cancelled back in January 2020) yet my high school son was subjected to the daily torture of a face covering. I cannot yet see all the long-term effects. However, after one year, he suddenly had a lot of cavities. Never had them before. I was informed by his dentist there is such a thing as **Mask Mouth**: caused by disrupted breathing patterns, like those highlighted above, dehydration and recycled air. This can cause dry mouth, bad breath, tooth decay, and even gum disease. Infected gums can be red, sensitive, and may bleed during brushing, flossing, or during a dental cleaning. This type of bleeding could trigger a rare but serious heart condition called **endocarditis**. Endocarditis develops when bacteria from infected gums spreads to the inner lining of the heart. Bacterial growths in your heart's inner lining can prevent your heart's valves from working properly. And when your valves aren't working efficiently, you're at a heightened risk of heart attack.

Due to the mask mandates, my child will have at best, compromised teeth, and at worse heart issues? What?

The **ethical, questionable legality** & constitutionality, and even **liability** arising from a government agency mandating anything that affects the health or liberty of an individual is folly.

The **legislature should pass no Covid restrictions into law**, but should conversely consider laws that expressly protects the liberties rights and privileges of individuals from infringement by other institutions.

Respectfully,
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